

BEACH BREEZE

A Monthly Newsletter From Pacific Beach United Methodist Church

August 2024

PB UMC at San Diego Pride!



Above: The PB UMC float in last month's Pride parade

Lower Left: Float designer Louis P

Lower Right: Ken B, Ron J and Mark B carry the church banner in the parade



Pastor Lori's Monthly Message

Beloveds in Christ,

At the end of June, a small group gathered after church to think, dream and pray about possibilities related to caring ministries in and through PB UMC. We identified ministries that are thriving, ministries that need promoting, ministries that need some tinkering and even ministries that are “yet to be,” still waiting for the right person or group of people to take them on, nurture them and help them grow. We talked about striking a good balance between ministries that care for folks within the congregation and ministries that look outward, offering care to our immediate neighbors as well as siblings around the world.

Here are just some of the needs we identified: We need people to be a part of the hospitality team, helping to organize receptions after memorial or other special services. We need to clarify and expand the work of our “Good Samaritans.” We need a volunteer list of those potentially able to help by offering transportation to someone in need or preparing a meal for someone returning from the hospital. We need more volunteers for Project Grace, our Wednesday night meal for those experiencing homelessness. We need folks who are gifted at greeting newcomers and who might develop a system for welcoming visitors warmly. We need folks to bring goodies for coffee hour after church. We need volunteers to deliver flowers after church on Sunday. We need all that and more!



And even as I write this, I realize it might sound overwhelming. We need, we need, we need. And the truth is, it would be lovely to have all of those caring ministries in place and maybe someday we will. But the thing we *truly need* – each one of us – is to find ways to ***put our faith into action***. We *need* to care. We

need to serve. We *need* to contribute. We *need* to give to someone and something beyond ourselves. We *need* to find our own unique ways to extend Christ's love into the world because it's who and what we are called to be as followers of Christ. It's our pathway to meaning, joy, peace and a life truly grounded in Christ. It is our “yes” and “thank you” back to God, who has given us so much, including the gift of this precious life.

I know there are some of you who are already elbow and knee-deep in ministries to which you give your time and wisdom, your heart and soul. To you, I say, thank you. Bless you for doing these things! I also know there are others who are still looking for how to get involved in a way that brings you joy AND extends love and care to another. If you find yourself in that camp, I invite you to ponder your unique gifts and how God might be calling you to share them. See a need around church? Have an idea about a ministry that might extend kindness to our neighbors? Want to get involved in something that already exists or be a part of starting something new? Please, put your faith into motion and come and talk to me. Not only will it be good for your heart and soul, but it just might be the very thing that makes a holy and loving difference for another.



In Christ,

Pastor Lori

P.S. Please join us on Sunday, August 4th as we say thank you to Joe and Jesse for their amazing work and ministry at PB UMC. There will be a card for all to sign and you are welcome to bring other cards, notes or expressions of your appreciation for who they are and all they have done to magnify light and love at PB UMC!

We Care for One Another

**Kidz
Korner**

Education Department

By Jesse Hodge, Director of Education

As my family's time and chapter comes to a close at PB UMC, I want to thank everyone for the love and support that we have received and especially for the growth and support of our children over the years. I also want to thank those that have supported the ministries that I've worked with over these last years as the Director of Education.

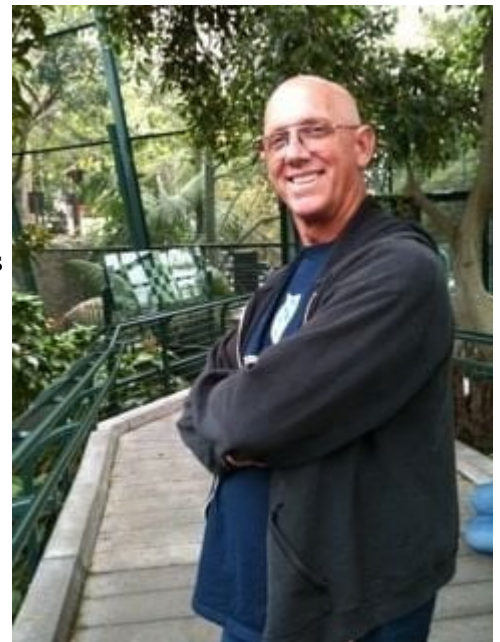
Much love and blessings!

PB UMC Officially Welcomes Rev. Dan!

Retired clergy in the United Methodist Church retain their membership in the Annual Conference but they also affiliate with a local church and charge conference.

Many of you are familiar with the Rev. Dan Meyer-Abbott, who served as an intern at PB UMC many years ago and, more recently, has preached and led in worship in Pastor Lori's absence. Rev. Dan has chosen to affiliate with PB UMC and we couldn't be more delighted!

We are blessed by the presence of the whole Meyer-Abbott family. Next time you see Rev. Dan, Linda, Tess or Nicholai, give them a warm PB UMC welcome!



The *Beach Breeze* is a monthly publication of the Pacific Beach United Methodist Church. Please visit our website at www.myPBchurch.org.

Beach Breeze Editor:
Craig Roberts

We Grow in Grace & Faith

Foot Loose Fridays Are HOT!

By “Doc”

Yeah, I know, so is August in SoCal... so why not get out and crank it up more? We just wrapped up learning all sorts of line dances and will enjoy the first ever Line Dance Night at PBUMC on August 2nd. That took a lot of balance and memory skills, and was **SO** good for all of us—and fun too! Now it’s time to focus more on creativity and style.

In August, we’ll learn several styles of country couples’ steps on the 9th. Then tack on basic moves and turns in the next week. And finally try out some intermediate moves and turns. That should be enough to express our own styles when we invite everyone out for the Country Dance Social the last week to wrap up Foot Loose Fridays for this year. It’s open to all, so invite friends and neighbors from all around to jump in!

August Schedule: 7:00-8:30pm

Week #4 Aug 2nd – First Ever Line Dance Night at PB UMC!

Week #5 Aug 9th – Dance Steps: two-step, triple two-step (shuffle), and running step

Week #6 Aug 16th – Basic Turns & Moves -- *you can use with any step pattern*

Week #7: Aug 23rd – Intermediate Turns & Moves -- *to make you look SO good*

Week #8: Aug 30th – Country Dance Social – Ya’ll Come!

August Communion Offering ***Native American Ministries***

Sunday, August 4th, PB UMC will observe a denomination-wide celebration designed to raise awareness and remind United Methodists of the gifts and contributions made by Native Americans to our society. A gap in knowledge exists in the United Methodist Church, in congregations and other United Methodist entities, relative to comprehending concepts of Native American life, cultures, languages, spirit, values, contemporary issues, and such. This Sunday affirmed the sacredness of indigenous people, their languages, cultures, and gifts to the church and the world.

As the graphic at right states, 25% of the donations fund scholarships for Native Americans, 25% fund outreach and ministry goals and the rest (50%) will remain with the local annual conference.

For more information: <https://www.umc.org/en/content/native-american-ministries-sunday-ministry-article>



We Reach Out to Others

Dreams and Spiritual Imagination

A Six-Week Study at PB UMC, Led By Dr. Dee Kelley

Have you ever been curious about your dreams? Have you wondered if and how they connect with your life of faith? If yes, you won't want to miss this remarkable opportunity to learn from and study with Dr. Dee Kelley. Dr. Dee says, "Dreams are an important part of our sacred scriptures. The biblical texts treat them with reverence and respect. Our culture tends to relegate them to the 'white noise' of life. Come explore the rich treasure that dreams have to offer to our personal development, our psychological health and our spiritual growth."

We'll gather in the Social Hall on the following Monday evenings, 7:00pm – 8:30pm in August, September and October:

August 12:	An Introduction to Dreams
August 26:	Dreams and Imagination
September 9:	Dreams and Self-Awareness
September 23:	The Language of Dreams
October 7:	Engaging the Shadow
October 21:	A Life of Listening to the Therapist in You



Please feel free to invite a friend. All are welcome! We are asking for a small donation of \$10 per session. If scholarship support would be helpful, please reach out to Pastor Lori. We know that some may not be able to attend every session. You are invited to participate in as many as you are able.

For those of you who are not familiar with Dr. Kelley, he has degrees in Religion, Psychology, Business Administration and more. He is known in this community and beyond as a pastor, a leader, a dream coach, a father, a grandfather and a friend to many. You can learn more about Dr. Dee on his website at www.inyourdreams.coach. We are honored to be able to host Dr. Dee and this special series as we explore our spirituality through the lens of our dreams.

Please reach out to Pastor Lori to register, to request childcare or with any questions.

Lunch Bunch

Lunch Bunch is a monthly gathering of good souls, enjoying food and fellowship at one of our wonderful local restaurants. On August 8th we'll meet at noon for a no host lunch at Tender Greens in Liberty Station. Planning to attend? Please RSVP to the church office by Tuesday, August 6th so we can reserve a table big enough for all!

Circle of Support

June 2024 Record of Generosity

	Actual	Budget
Activity in April		
Giving	\$ 17,605	\$ 21,540
Other Income	\$ 27,970	\$ 25,412
Total Available for Ministry	\$ 45,575	\$ 46,952
Total Expended for Ministry	\$ 38,744	\$ 37,799
Income Minus Expenses	\$ 6,831	\$ 9,153
2024 Year-To-Date		
Giving	\$123,365	\$129,240
Other Income	\$86,079	\$78,812
Total Available for Ministry	\$209,444	\$208,052
Total Expended for Ministry	\$225,043	\$216,794
Income Minus Expenses	(\$ 15,599)	(\$ 8,742)

Reflections From the Finance Team

By Heide T

Both Pledged and Unpledged giving were below budget for June. The finance team, in discussion with Council is developing a more formal Capital Repair structure that should help balance the burden on our operating budget. We will continue to use and plan our resources wisely and trust in God who provides. We are grateful for your ongoing generosity in prayers, presence, gifts, service, and witness.

Thank you for the many ways you support the mission and ministries of PB UMC!

Summer Potluck and Hymn Sing at the Parsonage

Join us for a potluck dinner and singing of some of our favorite hymns on Thursday, August 22nd from 6:00 to 8:00 p.m. at the parsonage. We'll cook up some hot dogs on the grill and all are invited to bring a side or dessert to share. Drinks, plates and napkins will be provided. Feel free to bring an instrument. Come join us for some summer fun!



CHURCH STAFF:

Lead Pastor: The Rev Lori Leopold
 Music Director: Ron Jessee
 Campus Maintenance Coordinator: Troy McGarrity

Director of Education: Jesse Hodge
 Office Administrator: Susie Virgilio

Church Office: www.pbumc.org/who-we-are/contact/ phone: 858-274-6573

Calendar of Events

Every Sunday: **10:00 am, Worship Celebration**
Child Care Available

Week 1

Thurs, Aug. 1 7:00 pm, Narc Anon
 Fri, Aug. 2 7:00 pm, Footloose Friday (p. 4)
 Sat, Aug. 3 10:00 am, Al-Anon

Week 2

Sun, Aug. 4 10:00 am, Worship and Communion
 Mon, Aug. 5 6:00 pm, Al-Anon
 Tues, Aug. 6 6:00 pm, Choir Practice
 7:00 pm, South District Prayer Zoom
 Wed, Aug. 7 7:00 am, AA
 4:00 pm, SD Project Grace
 Thurs, Aug. 8 Noon, Lunch Bunch (p. 5)
 7:00 pm, Narc Anon
 Fri, Aug. 9 7:00 pm, Footloose Friday (p. 4)
 Sat, Aug. 10 10:00 am, Al-Anon
 2:00 pm, District Superintendent
 Installation (below)

Week 3

Sun, Aug. 11 10:00 am, Worship
 1:00 pm, Movie: "A Hard Day's Night"
 (1964), starring The Beatles
 (p. 8)
 4:00 pm, "How Great Thou Art" Gospel
 Hymn-Sing (below)
 Mon, Aug. 12 6:00 pm, Al-Anon
 7:00 pm, "Dreams and Spritual
 Imagination" class (p.5)
 Tues, Aug. 13 9:30 am, Prayers and Squares Quilt
 Group
 6:00 pm, Choir Practice
 Wed, Aug. 14 7:00 am, AA
 4:00 pm, SD Project Grace
 Thurs, Aug. 15 7:00 pm, Narc Anon
 Fri, Aug. 16 7:00 pm, Footloose Friday (p. 4)
 Sat, Aug. 17 10:00 am, Al-Anon

Week 4

Sun, Aug. 18 10:00 am, Worship
 Mon, Aug. 19 6:00 pm, Al-Anon
 Tues, Aug. 20 6:00 pm, Choir Practice
 Wed, Aug. 21 7:00 am, AA
 4:00 pm, SD Project Grace
 Thurs, Aug. 22 *Beach Breeze* Materials Due
 6:00 pm, Summer Hymn Sing (p. 6)
 7:00 pm, Narc Anon
 Fri, Aug. 23 7:00 pm, Footloose Friday (p. 4)
 Sat, Aug. 24 10:00 am, Al-Anon

Week 5

Sun, Aug. 25 10:00 am, Worship
 1:00 pm, Movie: "Mary Poppins"
 (1964), starring Julie Andrews
 and Dick Van Dyke (p. 8)
 Mon, Aug. 26 6:00 pm, Al-Anon
 7:00 pm, "Dreams and Spritual
 Imagination" class (p.5)
 Tues, Aug. 27 9:30 am, Prayers and Squares Quilt
 Group
 6:00 pm, Choir Practice
 Wed, Aug. 28 7:00 am, AA
 4:00 pm, SD Project Grace
 5:30 pm, Storefront Ministries
 Thurs, Aug. 29 7:00 pm, Narc Anon
 Fri, Aug. 30 7:00 pm, Footloose Friday (p. 4)
 Sat, Aug. 31 10:00 am, Al-Anon

ST. MARK'S UNITED METHODIST CHURCH
 3502 CLAIREMONT DRIVE, SAN DIEGO, CA

Come & Sing!
**How Great
 Thou Art**
 A GOSPEL HYMN SING

**ALL ARE
 INVITED!**
 SUNDAY
 AUGUST 11
 4:00 P.M.

FEATURING GOSPEL
 PIANIST ELLEN MARSH
 & CHOIRS FROM
 PACIFIC BEACH UMC
 AND ST. MARK'S UMC

South District Superintendent
 Installation Service
Rev. Luis A. Garcia



**SATURDAY AUGUST 10, 2024
 AT 2:00PM**
VISTA UNITED METHODIST CHURCH
490 SOUTH MELROSE DRIVE, VISTA, CA 92081

MORE INFO CONTACT
SDLAYLEADER@GMAIL.COM
 MICHAEL MITCHELL
 760-717-0797

FELLOWSHIP IMMEDIATELY
 FOLLOWING SERVICE WITH
 REFRESHMENTS

We Love and Worship God

August Worship/ Scriptures

- August 4** Holy Communion
Blessing of the Backpacks
Thanksgiving for Jess and Joe
John 6:24-35
- August 11** Guest Preacher:
Rev. Lesley Brogan
Psalm 130
- August 18** Ephesians 4:25-5:2
- August 25** Ephesians 6:10-20

Pacific Beach United Methodist Church



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San Diego, CA 92109

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ELECTRONIC SERVICE REQUESTED

Celebrating Two 1964 Classics in August

By Craig Roberts



In August 1964, two very different musical movies were released that remain popular to this day. We'll be screening both of them this month.

On Sunday August 11th, we'll view the Beatles' first foray into motion pictures: "A Hard Day's Night" (you may know the title song). The movie was very well reviewed and increased the British band's popularity to another level.

Two weeks later, on Sunday August 25th, we'll celebrate the 60th anniversary of perhaps the best movie ever to carry the

Disney name: "Mary Poppins." Nominated for 13 Academy Awards (including Best Picture), it won five, including Best Actress for star Julie Andrews.

All movies screen at 1:00 pm in Hughes Hall. Popcorn and other snacks are always available but feel free to bring anything you like!

And if you can't attend in person, consider putting these films on your personal watchlist and let me know if you enjoyed them (or if you didn't)!

