

BEACH BREEZE

A Monthly Newsletter From Pacific Beach United Methodist Church

September 2024

Prayers, Pastries and Polish!

In our reworking of the 2024 budget, we made cuts here, there and everywhere in order to use every dollar wisely! Many of you know we cut our cleaning budget and entered into an agreement with the Community Care Crew through Shoreline Community Services. They are doing a great job but there are several cleaning items that fall outside the scope of their responsibilities.

Thus, Prayers, Pastries and Polish is born! We'll host a quarterly gathering that is open to all. Our first Prayers, Pastries and Polish will be on Thursday, September 19th from 10:00am to 12:00pm. We'll begin with a devotion and some goodies. We'll then spend 90 minutes or so cleaning and tidying around the church. Do you love to dust? Bring your duster! Are you a pro at cleaning table tops? Bring a rag and your favorite spray! Is vacuuming your spiritual practice? We'll show you where we keep the vacuum! Do you like to organize? We'll let you loose to sort through shelves of books! Do you prefer being outside? Bring your garden gloves and pull some weeds!



There's something for everyone! Let's work together to make our space clean, safe and beautiful for all who come and go!



Pastor Lori's Monthly Message

Beloveds in Christ,

Labor Day is almost here! I pray you've had a good season of rest and renewal in whatever way your bodies and spirits have needed! As we've done in years past, we will have "Outdoor Church" on the Sunday of Labor Day Weekend, September 1st. We'll have canopies up for shade and chairs available for all. Feel free to bring your own lawn chair or blanket if you'd like to sit closer to the ground! During that service, we will do something that may be new to many. We'll offer a "Blessing of the Hands." (Holy Communion will be moved to the 2nd Sunday of the month, when we're back indoors... September 8th.)

When I worked in hospice, the chaplains offered a Blessing of the Hands once a year. It honored and nurtured the ways staff "held" patients and their families as they navigated end of life. Using water and words, we blessed the hands of nurses and home health aides whose hands offered such essential and intimate care. We blessed the hands of social workers and chaplains, whose hands often held the hands of those who grieved or were afraid. We blessed the hands of office workers and custodial staff, whose

hands labored in different ways to hold and care for the precious population we served. We were reminded that our hands – all of our hands – extend God's love into the world in unique and remarkable ways. So this Labor Day, we'll share in our own Blessing of the Hands. I invite you to look at your hands right now...and begin to be mindful of their labor and what they extend into the world every single day.

After Outdoor Church and the Blessing of the Hands, we'll share in a Labor Day picnic in the courtyard. Some skilled grillers will use their talented hands to flip some burgers and cook some hot dogs on the grill. We'll provide plates, drinks and condiments. We would love for you to bring a side dish or dessert to share. And even more, we'd love for you to bring a neighbor or friend who might enjoy this fun and meaningful day. I hope to see you there!

In Christ,

Pastor Lori



On Sunday, August 4th, PB UMC bid farewell to Jesse H. and Joe P.

At left, Pastor Lori presents a sunflower decoration from one of the PB UMC Pride floats to them as a remembrance.

Photo by Vicki T.



We Care for One Another

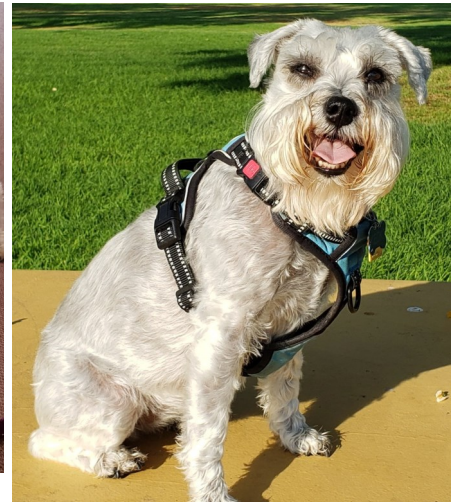
**Kidz
Korner**

Sunday School has continued through the summer with a focus on fun and play! We'll resume the regular Sunday School schedule, using our Whirl curriculum, beginning September 15th. We are so thankful for the on-going support and leadership of Cat and Madison in our Children's Ministry. We are also grateful for our amazing Sunday School teachers. If you are interested in being a part of the Sunday School teacher rotation, please reach out to Pastor Lori.

Keoki (Dec. 1, 2015-Aug. 9, 2024)

The *Beach Breeze* doesn't normally post pet obituaries, but Keoki (dog daughter to Doc and Diane) was special. She quietly attended many worship services with her parents. She was a certified service dog and volunteer therapy dog, as she was drawn to those in need. She lived eight years and eight months.

For those who mourn their pet family members:
Pet Parent Grief Line: 1-844-472-9588
petparentgriefsupport.com



If we've missed your birthday, please let us know. We want to celebrate you!

The *Beach Breeze* is a monthly publication of the Pacific Beach United Methodist Church. Please visit our website at www.myPBchurch.org.

Beach Breeze Editor:
Craig Roberts

September Memory Verse

Deuteronomy 6:5 (NRSVUE): You shall love the Lord your God with all your heart and with all your soul and with all your might.

We Grow in Grace & Faith

Belonging Class

By Pastor Lori

At every stage of our lives, we seek people, places and communities where we can experience belovedness and know that we belong. PB UMC is offering a three week “Belonging Class” for those who are interested in church membership and for others for who seek deeper connection and involvement in the life of this community. Here's what's coming up:

9/15: What’s a United Methodist?

9/22: Connected and Involved

9/29: Next Steps to Church Membership

Those interested in becoming members of Pacific Beach UMC are encouraged to attend all three. Those who would like to get more involved in the life of the church are welcome to attend just the 2nd session, Connected and Involved. The class will meet after church in the Social Hall, approximately 11:15 to 12:30. A light lunch will be served. Attending the Belonging class is not a commitment to join the church OR a prerequisite for church membership. It’s simply a way to meet some folks and learn more! Please contact Pastor Lori or the church office with questions or to RSVP.

Caring Ministry Need for September: Rides

Last month Pastor Lori wrote about our hopes related to Caring Ministries. We have room to grow in lots of areas in order to more fully support members and friends of our congregation as well as others in need. We hope to match the interests and talents of every person to a ministry where each one can let their light shine AND be involved to the extent they desire and are able. Each month we will feature a caring ministry need in the Beach Breeze and weekly church e-mail.

The need for September is **RIDES**. We sometimes get requests for rides. These requests are generally for transport to and from church or for a special need such as a ride to a doctor’s appointment. We hope to create a list of those willing to be contacted when such needs arise. Would you be willing to offer someone a ride to church once a month? Would you consider giving someone a lift to an appointment? If you would, please add your name to the list on the table in the entryway of church or respond via the “sign up” button in the weekly church e-mail.

And if this isn’t quite the right fit for you, is there something else that might suit your time and interest? Give it some prayerful consideration and reach out to Pastor Lori with your ideas!



Lunch Bunch

Lunch Bunch is a monthly gathering of good souls, enjoying food and fellowship at one of our wonderful local restaurants. On September 12th we’ll meet at noon for a no host lunch at Woodstock’s Pizza in Pacific Beach. There is parking behind the restaurant. Planning to attend? Please RSVP to the church office by Tuesday, September 10th so we can reserve a table big enough for all!

We Reach Out to Others

CCSA Backpack Drive Success!

By Pam R.

PB UMC really stepped up for the recent CCSA drive for backpacks and school supplies for low income families. We collected 18 completed backpacks with the needed school supplies, plus seven empty backpacks that can be filled with loose supplies collected, plus \$500 in cash for CCSA to use as needed to complete their overall donations.

Thank you so much for all your generosity that helps these families start out a good year at school.



Photo By Hope A.



On Sunday, August 11th, the PB UMC and St. Mark's UMC choirs blended together for the spiritual concert "How Great Thou Art." Above, from left to right, PB UMC's Ron Jessee, SM UMC's Zlatoslav Sokolov and PB UMC's Laura Williams, with the two churches' choirs in back
Photo by Craig Roberts

Circle of Support

September Communion Offering

Hispanic/Latino and Border Ministries

From the California-Pacific Annual Conference website

We, the California-Pacific Annual Conference, being faithful to our call by Jesus Christ our Lord and Savior to bring the good news of the Gospel to each and all in our world, are committed to broaden our capacity to witness to the growing Hispanic's population at this time in our history and to do so by (1) identifying and equipping transformational accountable leaders, (2) to grow healthy Hispanic churches and ministries, and (3) to broaden our connectional life, as we make disciples of Jesus Christ for the transformation of the world.

Our church's September communion offering will support these important ministries.

For more information: www.calpacumc.org/hispaniclatino/



The feet were definitely loose on Friday nights at PB UMC this July and August, thanks to the teaching and DJ skills of Doc and Diane!

Prayer Circle Resumes in September

After taking a summer break, Prayer Circle will resume Sunday, September 8th. All are invited to join any Sunday morning in the Lanai (the enclosed patio off the Social Hall) at 9:30 for 20-25 minutes of prayer for our congregation, our community and our world. Come pray with us!



CHURCH STAFF:

Lead Pastor: The Rev Lori Leopold
Music Director: Ron Jessee

Office Administrator: Susie Virgilio
Campus Maintenance Coordinator: Troy McGarrity

Church Office: www.pbumc.org/who-we-are/contact/ phone: 858-274-6573

Calendar of Events

Every Sunday: **10:00 am, Worship Celebration**
Child Care Available

Week 1

- Sun, Sept. 1 10:00 am, Worship and Blessing of the Hands
OUTDOOR CHURCH
Cookout/Potluck
- Mon, Sept. 2 Labor Day
Church Office Closed
(intermittent office hours all week; call ahead)
- Tues, Sept. 3 6:00 pm, Al-Anon
6:00 pm, Choir Practice
7:00 pm, South District Prayer Zoom
- Wed, Sept. 4 7:00 am, AA
11:30 am, Scripture and Sermon Study
4:00 pm, SD Project Grace
- Thurs, Sept. 5 7:00 pm, Narc Anon
- Sat, Sept. 7 10:00 am, Al-Anon

Week 2

- Sun, Sept. 8 9:30 am, Prayer Circle
10:00 am, Worship and Communion
1:00 pm, Movie: "All of Me" (1984), starring Steve Martin and Lily Tomlin (p. 8)
- Mon, Sept. 9 6:00 pm, Al-Anon
7:00 pm, "Dreams and Spiritual Imagination" class
- Tues, Sept. 10 9:30 am, Prayers and Squares Quilters
6:00 pm, Choir Practice
- Wed, Sept. 11 7:00 am, AA
11:30 am, Scripture and Sermon Study
4:00 pm, SD Project Grace
- Thurs, Sept. 12 Noon, Lunch Bunch (p. 4)
7:00 pm, Narc Anon
- Fri, Sept. 13 Church Office Closed
- Sat, Sept. 14 3:00 pm, Finance Focus (via Zoom)
10:00 am, Al-Anon

Week 3

- Sun, Sept. 15 9:30 am, Prayer Circle
10:00 am, Worship
11:15 am, Belonging Class (p. 4)
2:00 pm, Concert: Louis and Friends
- Mon, Sept. 16 6:00 pm, Al-Anon
- Tues, Sept. 17 6:00 pm, Choir Practice
7:00 pm, Church Council
- Wed, Sept. 18 7:00 am, AA
4:00 pm, SD Project Grace
- Thurs, Sept. 19 10:00 am, Prayers, Pastries and Polish (p. 1)
7:00 pm, Narc Anon
- Fri, Sept. 20 Church Office Closed
- Sat, Sept. 21 10:00 am, Al-Anon

Week 4

- Sun, Sept. 22 9:30 am, Prayer Circle
10:00 am, Worship
11:15 am, Belonging Class (p. 4)
12:00 pm, Growing in Faith
1:00 pm, Movie: "The Muppet Movie" (1979), starring The Muppets and many guest stars (p. 8)
- Mon, Sept. 23 6:00 pm, Al-Anon
7:00 pm, "Dreams and Spiritual Imagination" class
- Tues, Sept. 24 9:30 am, Prayers and Squares Quilters
6:00 pm, Choir Practice
- Wed, Sept. 25 7:00 am, AA
4:00 pm, SD Project Grace
5:30 pm, Storefront Ministries
- Thurs, Sept. 26 *Beach Breeze* Materials Due
7:00 pm, Narc Anon
- Fri, Sept. 27 Church Office Closed
- Sat, Sept. 28 10:00 am, Al-Anon

Week 5

- Sun, Sept. 29 9:30 am, Prayer Circle
10:00 am, Fifth Sunday Worship
11:15 am, Belonging Class (p. 4)
- Mon, Sept. 30 6:00 pm, Al-Anon



**After Outdoor Church next Sunday, we'll
have a cookout and potluck!
Come hungry!**



We Love and Worship God

September Worship/ Scriptures

- September 1** OUTDOOR CHURCH
Blessing of the Hands
Cookout/Potluck
Mark 7:1-8, 14-15, 21-23
- September 8** Holy Communion
Mark 7:24-37
- September 15** Mark 8:27-38
- September 22** Mark 9:30-37
- September 29** Guest Preacher: Tim Adams
2 Samuel 7:1-7
1 Corinthians 3: 16-17, 6:19

Pacific Beach United Methodist Church



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ELECTRONIC SERVICE REQUESTED

September Movies: Steve Martin, Lily Tomlin and the Muppets

By Craig Roberts



Movie comedies are always a great way to induce some laughter into our lives—and who doesn't need more of that?

On Sunday September 8th, we'll go back 40 years to 1984 to view the comedy that paired Steve Martin and Lily Tomlin—with hilarious results—"All of Me."

Two weeks later, on Sunday September 22nd, we'll celebrate the 45th anniversary of "The Muppet Movie," starring all your favorite Muppets from the then-red hot "Muppet Show" as well as numerous stars in both supporting and cameo roles.

All movies screen at 1:00 pm in Hughes Hall. Popcorn and other snacks are always available but feel free to bring anything you like!



And if you can't attend in person, consider putting these films on your personal watchlist and let me know if you enjoyed them (or if you didn't)!